



SELECTING SUPERVISED PRACTICE PROGRAMS

JOAN S. FRANK, MS, RDN, FAND

Becoming a Registered Dietitian Fall 24 Senior Seminar

**SEP
26** **BECOMING A
DIETITIAN**
Brief overview of the process

**OCT
3** **APPLYING TO
PROGRAMS**
Application process overview

**OCT
10** **PERSONAL STATE-
MENTS & RESUMES**
What to include

**OCT
17** **TYPES OF
PROGRAMS**
& Narrowing your list

**OCT
24** **DICAS APPLICATION
PROCESS**
DICAS walk-through

**OCT
31** **INTERN PANEL**
From a variety of programs

**NOV
7** **FINANCING
GRADUATE SCHOOL**
Comparing costs of DIs

**NOV
14** **PROGRAM
INTERVIEWS**
What to expect/how to prepare

**NOV
21** **RDN CAREER
PATHS**
& specialty credentials

**DEC
5** **MISC. TOPICS**
TBA

If you are planning on applying to
Supervised Practice (SP) / Dietetic Internships (DI)
in 2024/25, plan to attend these presentations!

**MEYER
HALL**
3:10-4:00
All presentations are in-person.

Presented by
Joan Frank,
MS, RDN, FAND
Asst. Director,
Didactic Program
in Dietetics

OVERVIEW

- Types of Dietetic Internships
- GPA
- Competitiveness of programs
- Location
- Experiences
- Your strengths

2 PATHWAYS TO THE RDN

Becoming a RDN

Pathway 1: Clinical Nutrition

OR

Pathway 2: Other Science Major

UNDERGRADUATE DPD

and

DIETETIC INTERNSHIP + MASTER'S or COORDINATED GRADUATE or FUTURE GRADUATE

BACHELOR'S DEGREE & PREREQUISITES

and

COORDINATED GRADUATE or FUTURE GRADUATE

MASTER'S

and


DIETETIC INTERNSHIP

REGISTERED DIETITIAN EXAM

REGISTERED DIETITIAN NUTRITIONIST (RDN)

TYPES OF INTERNSHIP PROGRAMS

- Dietetic Internships
 - Non-degree (need master's first)
 - Full-time vs. Part-time
 - Masters/DI
 - MS, MPH, MBA, PhD
- Coordinated Graduate Programs – Masters/DI
- Future Education Model Graduate Programs – Masters/DI
- Others:
 - Distance Programs
 - Individualized Supervised Practice Pathways (ISPP) – open in April

- 
- Duration – 6 to 24 months (min. 1000 hours of SPE supervised practice experience)
 - Concentration – MNT, Community, Management, Technology, Research, etc.

RESOURCES

- Academy's Accredited Programs Directory
 - <https://www.eatrightpro.org/acend/accredited-programs/accredited-programs-directory>
- *2024-2025 Applicant Guide to Supervised Practice*
 - Nutrition Dept Website > Academics > Undergraduate > CN > DI Application Materials
 - <https://nutrition.ucdavis.edu/academics/dpd/diet-intern-app-mats>

Accreditation Council for Education in Nutrition and Dietetics

the accrediting agency for the
Academy of Nutrition
and Dietetics



Accredited Programs Directory

Listed below are all ACEND Accredited Programs. After you select a program, you can learn which program type may be right for you, please refer to the [accreditation status definitions](#). If you need help using the directory, please refer to the [help page](#).

Program information and application forms should be available on the program's website.

Country

United States

State/Province

California

Program Type [optional]

- Foreign Dietitian Education Program
- Didactic Program in Dietetics
- Dietetic Internship
- Coordinated Program in Dietetics
- Dietetic Technician Program
- International Coordinated Program in Dietetics
- Graduate Program
- Associate's Program

Dietetic Internship
260 Lem Morrison Dr Room 102F
Auburn, AL 36849-5605

Program Director: Dr. Donna O Burnett
Phone: (334)844-3429
Email: dob0002@auburn.edu
For full program information, visit:
<http://auburn.edu>

[Clear Filters](#)

Degree Offered

- Associate's
- Bachelor's
- Master's
- Doctoral
- None

Match Date

- Fall
- Spring

Admission

Requirements

- DPD Verification Statement Required
- Graduate Record Examination
- Recency of Education
- Work Experience

Program Features

- Course Credit Transfer Agreements
- Distance Education
- ISPP (Doctoral Degree)

Search

Atascadero, CA

Department of State Hospitals - Atascadero - Dietetic Internship

Department of State Hospitals - Atascadero
Nutrition Services
10333 El Camino Real
Atascadero, CA 93422

Program Director: Ms. Rachael M Drake
Phone: 8054682502

Email: rachael.drake@dsh.ca.gov

For full program information, visit:

https://www.dsh.ca.gov/Atascadero/Internships/Dietetic_Internship.html

Accreditation Status: Accredited

Date of Initial Accreditation: 9/11/2017

Accreditation Term Ends: 12/31/2028

Admission Requirements: Recency of Education, Work Experience

Match Date, non-degree: Fall

Bakersfield, CA

Clinica Sierra Vista - Dietetic Internship

Clinica Sierra Vista
Dietetic Internship
1430 Truxtun Ave Ste 300
Bakersfield, CA 93301-3834

Program Director: Ms. Tina M Canales

Phone: (661)326-6490

Email: tina.canales@clinciasierravista.org

- Fall
- Spring

Admission Requirements

- DPD Verification Statement Required
- Graduate Record Examination
- Recency of Education
- Work Experience

Program Features

- Course Credit Transfer Agreements
- Distance Education
- ISPP (Doctoral Degree)
- ISPP (DPD)
- Pre-Select
- Student-Identified Supervised Practice/Experiential Learning

1. pdf of >700 pages
2. excel data file

Applicant Guide to Supervised Practice


2024-2025

Joan S. Frank, MS, RDN, FAND

Editor

*Department of Nutrition
University of California, Davis*

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**Nutrition and
Dietetic Educators
and Preceptors**
 Academy of Nutrition
and Dietetics

California State University, Sacramento Dietetic Internship

PROGRAM Internship Internship w/Adv. Degree Internship w/Adv. Degree Avail. Grad. Program
TYPE: Distance Program Coord. Program-Grad. ISPP ISPP PhD
 Director: Nadine Braunstein, PhD, RD, FAND Phone: 916-278-6414 Ext: Fax:
 Institution: California State University, Sacramento Email: braunstein@csus.edu
 Website: <https://www.csus.edu/college/social-sciences-interdisciplinary-studies/nutrition/dietetic-internship.html>

MAILING ADDRESS:
 College/School: Social Sciences and Interdisciplinary Studies
 Department: Nutrition, Food, and Dietetics Street: 6000 J Street Mail Drop: 6053
 Hall/Bldg: Mariposa Hall 3000 P.O. Box: City: Sacramento State: CA Zip: 95819-6053

PROGRAM INFORMATION:
 Start Date 1: 8/18/2025 Start Date 2: Number of openings: 10
 Program Length (weeks): 40 Full-time Hr/Wk: 40 Part-time Hr/Wk:
 # of Applicants 2 Yrs Ago (21-22): 33 # of Interns/Students 2 Yrs Ago (21-22): 9 # in 2nd Round/ ISPP Last
 # of Applicants Last Yr (22-23): 35 # of Interns/Students Last Yr (22-23): 10 Year (22-23):

FOCUS OF PROGRAM: Weeks in Concentration:
 Concentration: Disease Prevention & Health Promotion Addtl Conc.: Advocacy & Public Policy

CLINICAL PRACTICE EXPERIENCES:
 Length (weeks): 21 Academic Medical Center Regional Medical Center Medical Center
 Small Medical Center Pediatric Hospital Rehabilitation Center VA Medical Center Community Hospital
 State Hospital Long-term Care Facility Out Patient Clinic
 Other: Dialysis center

Medicine Nutrition Support Women's Health Pediatrics Bariatrics Psychiatric Care Trauma
 Pulmonary GI Surgery Renal/Dialysis Critical Care Burn Care Eating Disorders LTC
 Geriatrics Neurology/Spinal Cord Injury NICU Oncology HIV/AIDS Cardiology Organ Transplant
 Other:

COMMUNITY PRACTICE EXPERIENCES:
 Length (weeks): 5 Community Clinics/Programs PublicHealth/Health Departments WIC Child Services
 Schools Food Banks Cooperative Extension Meals on Wheels Senior Services Community Meals Fitness/Wellness
 Other:

MANAGEMENT PRACTICE EXPERIENCES:
 Length (weeks): 7 Healthcare Public Schools College/University Commercial/Retail Community Facilities
 Other:

STAFF RELIEF PRACTICE EXPERIENCES:
 Length (weeks): All Rotations Clinical Clinical Administration Nutrition Education/Counseling
 Intern Choice Eating Disorders Health Dept State/Federal Agency Community Food Service Public Health
 Other:

NON-TRADITIONAL AND SPECIALTY PRACTICE EXPERIENCES:
 Non-Traditional Practice (weeks): 2-3 Specialty Practice (weeks): Elective (weeks): 2 International
 Hospitality Dental Corporate Wellness Rural Health Community Agriculture/Urban Gardening Information Systems
 Independent Study Sales and Marketing Renal Culinary Sports Nutrition Research Advanced Practice
 Program Planning Public Health Pediatrics Eating Disorders Underserved Diabetes Media/Communication
 Neonatal Leadership Indian Health Military Skills Surgery Private Practice/Entrepreneur Retail Non-Profits
 Other: Policy

OTHER IMPORTANT PROGRAM INFORMATION:
 Tuition information is based on CSU Sacramento current tuition information with added 6% based on anticipated tuition and fee hikes announced by the CSU system. The DI only is 40 weeks (2 semester's tuition). The MS/DI will occur over 2 academic years, with the first year focused on academics and the second year DI rotations and completion of the Master's project or thesis.
 We look for someone who is self-motivated, professional, has strong communication skills, dependable, flexible, independent but works well in groups, and enthusiastic about the field of dietetics and nutrition.
 We will have an Open House on Monday, November 4, 2024. Check the DI website for details. We plan on having both in-person (on the Sac State Downtown campus) and virtual options for people to participate.

ESTIMATED COST OF LIVING:

Stipends Monetary Tuition Waiver Assistantship Fee Waiver Parking Other Stipend
 Available to all Available to all Available to all Available to all Available to all Available to all
If checked, stipend is available to all students without restrictions; however, this does not guarantee a student will be awarded a stipend even if a stipend is available the student is eligible. Any eligibility restrictions are explained below.
 Stipend Restrictions: _____
 Percentage of students/interns awarded stipend (5 year average): _____ 0
 Estimated Stipend Value: Year one: \$ _____ 0 Year two: \$ _____ 0

Living Expenses
Meals
 Meals: Some _____ % of Meals Provided: 20 Estimated Meal Cost: \$ _____
Insurance
 Liability Insurance provided? No If not provided, cost of liability insurance per year: \$ _____ 35
 Health Insurance provided? No If not provided, cost of health insurance per year: \$ _____ 0-700
Housing and Transportation
 Housing assistance provided? No If not provided, estimated rent per month: \$ _____ 900-1000
 Is a car required? Yes Estimated transportation cost per year: \$ _____ 3000

Dues and Fees
Required Dues During Internship
 Academy Student Membership? Yes Local District Membership? Yes Other Memberships? No
Application Fees
 Program Application Fee: \$ _____ 50 Grad School Application Fee: \$ _____ 95 Other Application Fee: \$ _____
Program Fees
 Year One: All Students/Interns: \$ _____ Resident: \$ _____ Non-resident: \$ _____
 Year Two: All Students/Interns: \$ _____ Resident: \$ _____ Non-resident: \$ _____

Tuition and Course Work
Tuition
 Year One: All Students/Interns: \$ _____ Resident: \$ _____ 9578 Non-resident: \$ _____ 19,652
 Year Two: All Students/Interns: \$ _____ Resident: \$ _____ 10,153 Non-resident: \$ _____ 20,832
Course Work (cost if not included in tuition)
 Graduate credits required? No Number of graduate credits required: _____
 Cost per Credit: All Students/Interns: \$ _____ Resident: \$ _____ Non-resident: \$ _____

Finances
Employment Opportunities during Program
 Job opportunities: None provided, but some interns work weekends
 Program recommendations: Outside employment not recommended
Financial Aid
 Any financial aid: Yes Government loans: Yes Scholarships: No Assistantships: No
 Financial aid website: <https://www.csus.edu/apply/financial-aid-scholarships/>
 Other: CAND and the Academy Foundation student scholarships
Other Expenses - Please visit program's website for detailed additional expenses.

ADMISSION REQUIREMENTS: Refer to program's website for most-up-to-date information.
 Overall Cum. GPA: 3.0 Min. DPD GPA: 3.0 Min. Science GPA: _____ Min. DPD Prof GPA: 3.0
 GRE required? No Min. Verbal: _____ Min. Quant.: _____ Min. Writing: _____ Avg Overall Cum. GPA Interns: 3.39
 Work Exp.: Recommended Vol. Exp.: Recommended Interview Rqd.: Yes

EVALUATION OF APPLICANTS: Applicants are ranked based on multiple factors; 1 represents the most important on the scale.

Rank 1	Work Experience	Rank 3	DPD GPA	Rank 5	Personal Statement	Rank 7	Interview
Rank 2	Volunteer Experience	Rank 4	DPD Sci. GPA	Rank 6	References	Rank 8	

 Other: Min grade(s) of B in MNT. DPD VS preferred within 5 yrs of program start date. If older than that, significant relevant work exp considered. MNT must be completed/retaken within 5 yrs of program start date.

APPLICATION INFORMATION:
 Fall Deadline: _____ Spring Deadline: _____ DICAS Appl: Yes Grad Degree Rqd: Yes Verif. Statement Rqd: Yes
 US Citizenship Rqd: Yes Accept Intl Students: No Assess. Prior Learning Avail: No
 Addtl Requirements: _____

FACTORS TO CONSIDER

- GPA
- Location
- International student
- DACA
- Others



GPA

- Limited by program minimums
- Competitiveness of programs

ADMISSION REQUIREMENTS: Refer to program's website for most-up-to-date information.

Overall Cum. GPA:	3.0	Min. DPD GPA:	3.0	Min. Science GPA:		Min. DPD Prof GPA:	3.0		
GRE required?	No	Min. Verbal:		Min. Quant.:		Min. Writing:		Avg Overall Cum. GPA Interns:	3.39
Work Exp.:	Recommended	Vol. Exp.:	Recommended	Interview Rqd.:	Yes				

EVALUATION OF APPLICANTS: Applicants are ranked based on multiple factors; 1 represents the most important on the scale.

Rank 1	Work Experience	Rank 3	DPD GPA	Rank 5	Personal Statement	Rank 7	Interview
Rank 2	Volunteer Experience	Rank 4	DPD Sci. GPA	Rank 6	References	Rank 8	
Other:	Min grade(s) of B in MNT. DPD VS preferred within 5 yrs of program start date. If older than that, significant relevant work exp considered. MNT must be completed/retaken within 5 yrs of program start date.						

COMPETITIVENESS OF PROGRAMS

- Need to consider number of applicants vs. acceptance rate
- $10/35 = 29\%$

PROGRAM INFORMATION:			
Start Date 1:	8/18/2025	Start Date 2:	
Program Length (weeks):	40	<input checked="" type="checkbox"/> Full-time	Hr/Wk: 40
		<input type="checkbox"/> Part-time	Hr/wk:
# of Applicants 2 Yrs Ago (21-22):	33	# of Interns/Students 2 Yrs Ago (21-22):	9
# of Applicants Last Yr (22-23):	35	# of Interns/Students Last Yr (22-23):	10
		# in 2nd Round/ ISPP Last Year (22-23):	

LOCATION CONSIDERATIONS



- GPA considerations
- Are you unable to relocate?
- Are there places you're not willing to go?
- Interested in International Experiences?

NON-TRADITIONAL AND SPECIALTY PRACTICE EXPERIENCES:

Non-Traditional Practice (weeks): Specialty Practice (weeks): Elective (weeks): International

Hospitality Dental Corporate Wellness Rural Health Community Agriculture/Urban Gardening Information Systems

Independent Study Sales and Marketing Renal Culinary Sports Nutrition Research Advanced Practice

Program Planning Public Health Pediatrics Eating Disorders Underserved Diabetes Media/Communication

Neonatal Leadership Indian Health Military Skills Surgery Private Practice/Entrepreneur Retail Non-Profits

Other:

LOCATION: COST



- Weigh cost of DI to cost of living
 - Cost of living calculators
 - Best places to live
- Ability to live with family members?



EXPERIENCES



- What are your long-term goals?
- What experiences would you like to gain from a DI?
- Most programs have a concentration

of Applicants Last Yr (22-23): # of Interns/Students Last Yr (22-23): Year (22-23):

FOCUS OF PROGRAM:

Concentration: Addtl Conc: Weeks in Concentration:

CLINICAL PRACTICE EXPERIENCES:

Length (weeks): Academic Medical Center Regional Medical Center Medical Center

Concentration: Disease Prevention & Health Promotion

Addtl Conc.: Advocacy & Public Policy

CLINICAL PRACTICE EXPERIENCES:

Length (weeks): 21 Academic Medical Center Regional Medical Center Medical Center
 Small Medical Center Pediatric Hospital Rehabilitation Center VA Medical Center Community Hospital
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YOUR STRENGTHS



EVALUATION OF APPLICANTS: Please rank the following selection criteria, 1 represents the most important on the scale.

Rank 1	DPD GPA	Rank 3	References	Rank 5	Cum. GPA	Rank 7	DPD Prof. GPA
Rank 2	Work Experience	Rank 4	Volunteer Experience	Rank 6	Interview	Rank 8	Personal Statement

Other: Work and volunteer strongly recommended. Phone interview given only for the top ~40 candidates, which is based on the other criteria.

EVALUATION OF APPLICANTS: Please rank the following selection criteria, 1 represents the most important on the scale.

Rank 1	DPD GPA	Rank 3	Personal Statement	Rank 5	Work Experience	Rank 7	Interview
Rank 2	Cum. GPA	Rank 4	References	Rank 6	Volunteer Experience	Rank 8	

Other: Extracurricular activities.

OTHER CONSIDERATIONS

- Medical Center / University-based Hospital
- University-based (without medical center)
- For-profit Company
- FSM Contracting Company
- WIC
- Distance Programs



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California State University, Sacramento Dietetic Internship

PROGRAM Internship Internship w/Adv. Degree Internship w/Adv. Degree Avail. Grad. Program
TYPE: Distance Program Coord. Program-Grad. ISPP ISPP PhD
 Director: Nadine Braunstein, PhD, RD, FAND Phone: 916-278-6414 Ext: Fax:
 Institution: California State University, Sacramento Email: braunstein@csus.edu
 Website: <https://www.csus.edu/college/social-sciences-interdisciplinary-studies/nutrition/dietetic-internship.html>

MAILING ADDRESS:
 College/School: Social Sciences and Interdisciplinary Studies
 Department: Nutrition, Food, and Dietetics Street: 6000 J Street Mail Drop: 6053
 Hall/Bldg: Mariposa Hall 3000 P.O. Box: City: Sacramento State: CA Zip: 95819-6053

PROGRAM INFORMATION:
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California State University, Sacramento Dietetic Internship

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If checked, stipend is available to all students without restrictions; however, this does not guarantee a student will be awarded a stipend even if a stipend is available the student is eligible. Any eligibility restrictions are explained below.
 Stipend Restrictions: _____
 Percentage of students/interns awarded stipend (5 year average): _____ 0 _____
 Estimated Stipend Value: Year one: \$ _____ 0 Year two: \$ _____ 0

Living Expenses **Meals**
 Meals: Some _____ % of Meals Provided: 20 Estimated Meal Cost: \$ _____
Insurance
 Liability Insurance provided? No If not provided, cost of liability insurance per year: \$ _____ 35
 Health Insurance provided? No If not provided, cost of health insurance per year: \$ _____ 0-700
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 Housing assistance provided? No If not provided, estimated rent per month: \$ _____ 900-1000
 Is a car required? Yes Estimated transportation cost per year: \$ _____ 3000

Dues and Fees **Required Dues During Internship**
 Academy Student Membership? Yes Local District Membership? Yes Other Memberships? No
Application Fees
 Program Application Fee: \$ _____ 50 Grad School Application Fee: \$ _____ 95 Other Application Fee: \$ _____
Program Fees
 Year One: All Students/Interns: \$ _____ Resident: \$ _____ Non-resident: \$ _____
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Finances **Employment Opportunities during Program**
 Job opportunities: None provided, but some interns work weekends
 Program recommendations: Outside employment not recommended
Financial Aid
 Any financial aid: Yes Government loans: Yes Scholarships: No Assistantships: No
 Financial aid website: <https://www.csus.edu/apply/financial-aid-scholarships/>
 Other: CAND and the Academy Foundation student scholarships
Other Expenses - Please visit program's website for detailed additional expenses.

ADMISSION REQUIREMENTS: Refer to program's website for most-up-to-date information.
 Overall Cum. GPA: 3.0 Min. DPD GPA: 3.0 Min. Science GPA: _____ Min. DPD Prof GPA: 3.0
 GRE required? No Min. Verbal: _____ Min. Quant.: _____ Min. Writing: _____ Avg Overall Cum. GPA Interns: 3.39
 Work Exp.: Recommended Vol. Exp.: Recommended Interview Rqd.: Yes

EVALUATION OF APPLICANTS: Applicants are ranked based on multiple factors; 1 represents the most important on the scale.

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Rank 2	Volunteer Experience	Rank 4	DPD Sci. GPA	Rank 6	References	Rank 8	

 Other: Min grade(s) of B in MNT. DPD VS preferred within 5 yrs of program start date. If older than that, significant relevant work exp considered. MNT must be completed/retaken within 5 yrs of program start date.

APPLICATION INFORMATION:
 Fall Deadline: _____ Spring Deadline: _____ DICAS Appl: Yes Grad Degree Rqd: Yes Verif. Statement Rqd: Yes
 US Citizenship Rqd: Yes Accept Intl Students: No Assess. Prior Learning Avail: No
 Addtl Requirements: _____

