FINANCING YOUR DIETETIC INTERNSHIP

JOAN S. FRANK, MS, RDN, FAND



OVERVIEW









Cost of Grad School/Supv. Practice Financing Your Grad School/Supv. Practice

Financial Aid

Loans

COST OF GRAD SCHOOL / SUPERVISED PRACTICE



TUITION AND FEES



HOUSING



TRANSPORTATION



FOOD & INCIDENTALS

"NO-COST" PROGRAMS

Dietetic Internships

- WIC
- Stipend-providing programs
 - Veteran's Administration
 - UCSF
 - Napa State Hospital
- Diversify Dietetics
- US Military Baylor University

Master's Programs

- UC programs
 - Teaching Assistantships
 - Graduate Student Researchers
- Veteran's Administration
 - Los Angeles VA / UCLA MPH
 - Los Angeles VA / CSUN / CSULB
- Others?

TUITION AND/OR FEES

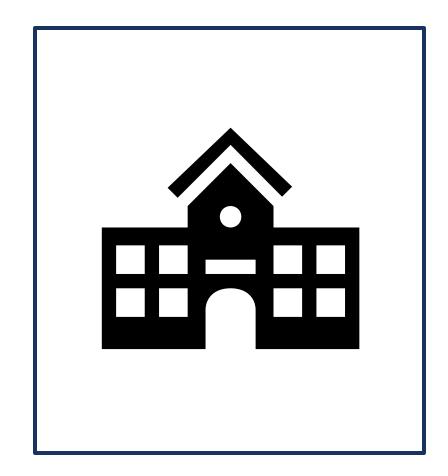
More Affordable Programs

- In-state programs
- State schools
- Public programs
 - state hospitals
 - federal hospitals
 - WIC

More Expensive Programs

- Private schools
- Out-of-state programs
- Coordinated Programs (CA)
- Future Graduate Programs (CA)

FINANCIAL AID UNIVERSITY-BASED SUPERVISED PRACTICE



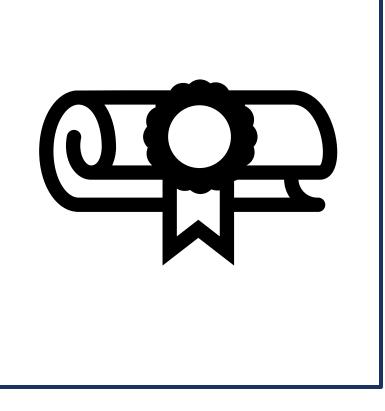
- Typically eligible for financial aid (student loans).
- Student loan deferment is typically possible.
 - Contact the Program Director for more information
 - The loan agency may have documents that need to be completed to verify your status in an accredited program.
- Federal Student Aid: https://studentaid.gov

FINANCIAL AID NON-UNIVERSITY BASED SUPERVISED PRACTICE



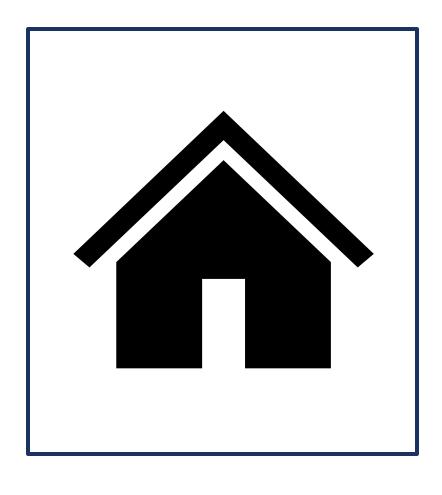
- Non-university internships (private or corporate) are typically not eligible for financial aid (student loans).
- BUT co-enrolled in master's may be eligible
- Student loan deferment, if allowed by the intern's lender, may be possible.
 - Contact the Program Director for more information
 - The loan agency may have documents that need to be completed to verify the intern's status in an accredited program.

SCHOLARSHIPS



- The California Academy of Nutrition and Dietetics Foundation (CANDF)
 - For more information: https://dietitian.org/
- The Academy of Nutrition and Dietetics Foundation
 - For more information: https://www.eatrightpro.org/membership/student-member-center/scholarships-and-financial-aid
 - Academy Student Membership is required (\$58).
- UC Davis Department of Nutrition has a Supervised Practice scholarship.
 - Accepted applicants will be notified in late April/early May.
- Diversity Scholarships: to increase the diversity of the profession:
 - National Organization of Blacks in Dietetics and Nutrition (NOBIDAN)
 - Latinos and Hispanics in Dietetics and Nutrition (LAHIDAN)
 - Diversify Dietetics
 - Academy of Nutrition & Dietetics Foundation Advancing Diversity in Dietetics Scholarship
- Others

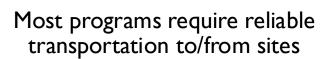
HOUSING



- You are required to locate your own housing.
 - Costs depend on location, type of unit, and roommates.
- Need to secure well ahead of the program start.
- Compare cost-of-living for different areas:
 - https://money.cnn.com/calculator/pf/cost-of-living/

TRANSPORTATION







Medical center-based programs: most rotations on-site



Personal vehicles will need to be insured with proof of liability insurance.

FOOD & INCIDENTALS



Food



Professional clothing, lab coat



Texts, computer and resources



Immunizations



Background checks

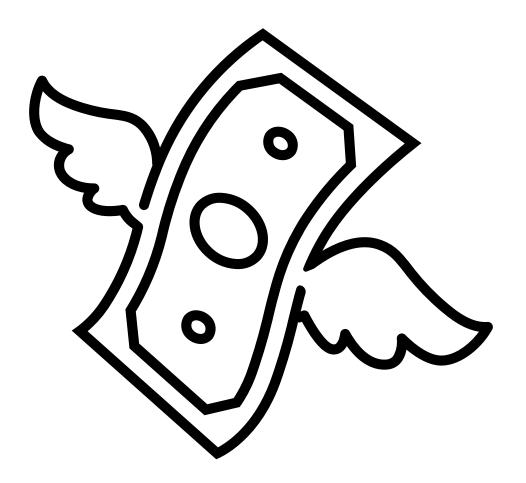


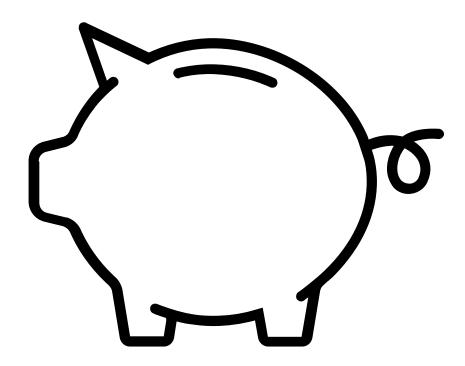
Conference fees

TITLE IV FEDERAL STUDENT AID PROGRAMS

- DI Eligibility to Participate in Title IV Federal Student Aid Programs
- ACEND is recognized by the U.S. Department of Education as a Title IV gatekeeper and its accreditation of freestanding internship programs enables these internship programs to seek eligibility to participate in Title IV Federal Student Aid Programs. Once participation is granted, students participating in that internship would have the option of seeking federal student aid.

PRIVATE LOANS





TAKING A GAP YEAR OR TWO!

GREAT WAY TO SAVE \$ FOR GRAD SCHOOL / DIETETIC INTERNSHIP!

RESOURCES





2024-25 APPLICANT GUIDE TO SUPERVISED PRACTICE

PROGRAM WEBSITES

			San Fra	ncisco Stat	e University	Dietetic	Internship				
ESTIMATE	D COST OF LI	VING:									
Stipends	Monetary Tuition Waiver Assistantship Fee Waiver Parking Other Stipend Available to all If checked, stipend is available to all students without restrictions; however, this does not guarantee a student will be awarded a stipend even if a stipend is available the student is eligible. Any eligibility restrictions are explained below. Stipend Restrictions:										
	Percentage of students/interns awarded stipend (5 year average):										
	Estimated S	tipend Value:	Year or	ne:\$		Year two	:\$				
Living Expenses	Meals										
	Meals: Some			% of Meals Provided: Estimated Mea				al Cost: \$	Cost: \$ 1000-3000		
	Insurance										
	Liability Insurance provided? Yes			If not provided, cost of liability insurance per year: \$							
	Health Insurance provided? No Housing and Transportation			If not provided, cost of health insurance per year: \$					1200-2400		
	Housing ass	istance provided?	No	If not pro	vided, estim	ated rent	t per month:	\$	12	00-2000	
	Is a car requ	iired?	Yes	Estimated	d transporta	ion cost	per year:	\$		3000	
Dues and Fees	Required Dues During Internship										
	Academy St	udent Membership?	Yes	Loca	l District Me	mbership	p? Yes C	ther Meml	berships?	No	
	Application Fees Program Application Fee: \$ 75 Grad School Application Fee: \$ 55 Other Application Fee: \$ 55										
	Program Fe Year One: Year Two:	es All Students/Intern All Students/Intern				dent: \$ dent: \$			sident: \$ sident: \$		
Tuition and Course Work	Tuition										
	Year One:	All Students/Interns		14,38		dent: \$			Non-resident: \$		
	Year Two:			Resident: \$		5287	Non-resident: \$ 9		9251		
	Course Work (cost if not included in tuition) Graduate credits required? Yes Number of graduate credits required: 24										
	Cost per Cre					lesident:		Non-re	esident: \$		
Finances	Employment Opportunities during Program										
	Job opportunities: Outside employment strongly discouraged										
	Program recommendations:										
	Financial Aid										
	Any financial aid: Yes Government loans: Yes Scholarships: No Assistantships: No										
	Financial aid website: http://www.sfsu.edu/~finaid										
	Other: In the past, financial aid award was only enough to cover tuition (loan, not grant) Other Expenses - Please visit program's website for detailed additional expenses.										
ADMISSIO		ENTS: Refer to progr					•				
Overall Cu		2.7 Min. DPD G		3	Min. Scier			Min. DPI	D Prof GPA:		
GRE requir	red? No	Min. Verbal:	Min	. Quant.:	Mi	n. Writin	g: Ava	Overall Cu	ım. GPA Inte	erns: 3.5	
Work Exp.		ended Vol. Exp.:					Video	,			
EVALUATI		CANTS: Applicants ar					epresents the r	nost impor	tant on the	scale.	
Rank 1 Rank 2	DPD G Work Expe			eferences eer Experie	Rank ence Rank		Cum. GPA Interview	Rank Rank		D Prof. GPA nal Statemen	
	Prior work and/ criteria.	or volunteer strongly re	commer	nded. Phone	interview giv	en only fo	r the top ~40 can	didates, which	:h is based or	1 the other	
APPLICATI	ON INFORMA	ATION:									
Spring Ma	tch: Yes	Fall Match: No	OICAS Ap	opl: Yes	DnD Match	Yes	Grad Degree Rq	d: No V	erif. Statem	ent Rqd: Y	
US Citizen	ship Rqd:	Accept Intl Stude	ents: N	0 Intern	s Pre-Select	ed: Yes	Assess. Prior	Learning A	vail: No		
Addtnl Re	equirements:	DPD completion required	prior to st	tarting interns	hip rotations.						

QUESTIONS?

